## Wayland Union Schools Pool Rules

- ★ Lifeguards are in charge of the pool area at all times
- ★ Shower before entering the water
- ★ Swim diapers or rubber pants with tight fitting waist and legs must be worn under a bathing suit for those not toilet trained
- ★ Swimmers must not have communicable diseases/rashes/open sores, or diarrhea
- ★ Swimmers must wear family-friendly bathing suits
- ★ Long hair needs to be tied back or capped (shoulder length and longer)
- ★ Street shoes must be removed prior to the entering pool area
- ★ Food, drinks, and glass containers are not permitted
- ★ Chewing gum or band-aids must be disposed of before using the pool
- ★ No running on the pool deck
- ★ Please use appropriate language
- ★ Hanging on lane markers or life lines is not permitted
- ★ No rough housing, dunking, pushing, or throwing others
- ★ No extended underwater breath-holding, hyperventilating, or motionless underwater or face down on the surface and holding one's breath
- ★ No swimming after consuming alcoholic beverages or recreational drugs
- ★ Use of pool equipment and toys may be done with the permission of the lifeguard
- ★ Swimmers aged 15 and younger, must be accompanied by a supervising adult who is 18 years of age or older, and always on the pool deck
- ★ Children 8th grade and younger must remain within arm's reach of a parent, unless the swimmer has passed a swim test administered by the lifeguard. If the child has passed the swim test, they can use the pool independently while the supervising adult remains on the swim deck
- ★ All swimmers must complete a facility user agreement, those under 18 years old must have it signed by their guardian prior to entering the pool. No exceptions!

# \*\*Parents, guardians, and supervising adults are responsible for SUPERVISING children they bring to the pool.

## \*\*Failure to adhere to the rules as posted will result in immediate expulsion from the pool for the

## balance of the open swim time.

#### **Diving Board Rules**

- ★ Only one bounce on the board
- ★ One person on the diving board at a time
- ★ No back flips or back dives off the diving board
- ★ No inward dives off the board
- ★ No swimming under the diving board
- ★ No running, skipping, or cartwheels off the diving board

#### Proper Use of Diving Board

Make sure area under the board is clear before diving, jump straight off the diving board, and swim to the side.