# **FALL 2023**

Wayland Community Education offers programs for youth and adults. Please take a look at the variety of classes offered this fall.

Classes are listed online at the district's webstore powered by RevTrak.

<a href="http://wayland.revtrak.net">http://wayland.revtrak.net</a>



**REGISTRATION:** All registrations can be done online on RevTrak using a debit or credit card. You may also register by phone; by mail using check; or in person. A General Registration Form is also available at the end of this document.

Our office is located at the WUS Middle School, 701 Wildcat Dr. Wayland, MI 49348 and is open Monday, Wednesday, Thursday 8 – 10am Phone: 269-792-9153.

Wayland Union Schools Community Education 701 Wildcat Dr. Wayland MI 49348

(269)792-9153

# **Wayland Community Education Courses**

# Fall 2023

## YOUTH ENRICHMENT



In ORV Safety/Certification class, you will learn safe and responsible off-road vehicle operation in a classroom setting.

An ORV Safety Certificate is required for all operators under 16 years of age. Although, not required by Michigan law, adults are allowed to take the course. Please bring your own sack lunch. Class material will be provided at the start of the class. Students will not be riding ORVs.

The main purpose of the ORV safety education course is to educate and develop safe, knowledgeable, and responsible ORV owners and operators. Topics covered include correct riding techniques, protective equipment, understanding terrain and trail operation, laws, and regulations, causes and prevention of crashes, and environmental concerns and reporting responsibility.

Any ORV operator 16 years old and younger riding on public or private land is required to pass an approved ORV safety course.

Age: 11 and older

Date: Saturday, October 21, 2023

Time: 9:00am - 5:00pm

Location: WUS Transportation Building,

Conference room

851 Wildcat Drive, Wayland

Fee: \$10.00 Pre-registration required

## **Snowmobile Safety Certification**

Snowmobile Safety is offered for persons age 11 and older and is taught by the Allegan County Sheriff's Department. The course will cover the safe operation, age requirements, registration requirements, equipment requirements, and rules for snowmobilers.

Snowmobile Safety Certificates are required for:

 Children age 12-16 who wish to operate a snowmobile in Michigan

Age: 11 and older

Date: Saturday, December 9, 2023

**Time:** 8:00am – 2:00pm

Location: WUS Transportation Building,

Conference room

851 Wildcat Drive, Wayland

Fee: \$10.00 Pre-registration required



CODING; Learn Python Ages 11-13

Many children have used "block coding", this class will start to teach them actual (text) coding! Start



with examples of block coding and then compare them to the actual text code being used in the "block", then start to actually program with the Python programming language. They will also be taught how to

continue to learn and practice after developing confidence in the class and getting over the challenge of getting started.

**Age:** 11-13

Date: Thursday, October 5, 2023

**Time:** 6:00 – 7:30pm

Location: Steeby Elem. Computer lab

435 E. Superior St., Wayland

**Fee:** \$23.00



# Fun with DRONES! Ages 9-12

Have fun with hands-on activities that teach Drone science and scientific terms



related to drones. Learn about drone technology, flight, and movement while having fun with a Finger Flyer Drone. Finger drones will be supplied to use during class session.

**Age:** 9-12

Date: Thursday, November 16, 2023

**Time:** 6:30 – 7:30pm

**Location:** Steeby Elem. Cafe 435 E. Superior St., Wayland

Fee: \$20.00

Build a Robot (& take it home) Ages 6 – 9 (5 yr. olds w/adult)



Enjoy building your own robot, decorating it, and playing with it while you learn about how robots work! Take the robot

home with you. It would be a great opportunity to build with parent or grandparent.

Robot: Crazy robot

Age: 6-9 (5 yr. old w/adult)

Date: Monday, October 23, 2023

**Time:** 6:30 – 7:30pm

**Location:** Steeby Elem. Cafeteria 435 E. Superior St., Wayland

Fee: \$23.00

VR & Robotics Night / Parents Night Out

Grades 3<sup>rd</sup> - 5<sup>th</sup>

1 hour of Virtual Reality and 1.5 hours of Robotics – build & program a robot! The Parents deserve a night out ... meanwhile the kids are having fun learning.

Grades: 3<sup>rd</sup> - 5th

Date: Friday, September 29, 2023

Time: 6:00 - 8:30pm

**Location: Amped Virtual Reality** 

2923 28th St SE, Grand Rapids, MI 49512

Fee: \$45.00

Learn how to 3D Print (9 yrs. old & older)

Learn how to design a solid object using TINKERCAD and then design your own small object (chess pawn, keychain, mini-figures, etc.) that we will 3D print for you. Since 3D printing takes some time, you will have to pick up your object on a different day in the future. One hour program

Age: 9 & older

Date: Tuesday, December 5, 2023

**Time:** 6:30 -7:30pm

Location: Steeby Elem. Computer lab

435 E. Superior St., Wayland

Fee: \$20.00

Intro to Electronics using MINECRAFT Virtual Reality (ages 9+) Be INSIDE the MINECRAFT video game and learn basic electronic concepts in addition to fun, advanced things to do inside MINECRAFT.

Age: 9 – adults

Date: Saturday, October 7, 2023

**Time:** 10:30 – 11:30am

**Location: Amped Virtual Reality** 

2923 28th St SE, Grand Rapids, MI 49512

Fee: \$20.00

# EXPLORE SPACE with Virtual Reality (Age 10-17)

Use the best Virtual Reality programs to explore space in a fun way! You can re-live mankind's greatest journey to the moon (Apollo 11), go for a spacewalk, or control the arm on the International Space Station. At the end of the class, you can battle Space Pirates, too, for a little fun. One hour program.

**Age:** 10-17

Date: Saturday, October 7, 2023

**Time:** 11:45am – 12:45pm

**Location: Amped Virtual Reality** 

2923 28<sup>th</sup> St SE, Grand Rapids, MI 49512

Fee: \$20.00

#### **Babysitter Training**

This one day course provides youth with the knowledge and skills necessary to safely and responsibly



give care for children and infants.

This training will help participants to develop leadership skills, learn how to develop a babysitting business, keep themselves and others safe and help children behave. Find answers to common babysitting questions like sibling squabbling and meal time tips. The course also covers American Heart Association CPR, diaper duties, bedtime tips and much more. Each participant will receive a completion certificate through Heartbeat LLC. This class is designed for youth ages 11 and up. Pre-register is required.

**Age:** 11 and older

Date: Saturday, November 4, 2023

Time: 10:00am - 2:00pm

**Location:** WUS Transportation Building; Conference room, 851 Wildcat Drive,

Wayland **Fee:** \$55

## **Youth Recreation**

# **Generation POUND**® (6 – 12 year olds)

Generation POUND® is a youth-oriented program that fuses movement and music to improve focus, coordination physical fitness and teamwork skills. By combining exercise and interactive activities, kids will learn new ways to explore movement, embrace their creativity and ROCK OUT – ultimately building strength, confidence and self- awareness. This class is being offered to 6-12 year olds.

**Dates:** Mondays; Oct. 23 – Nov. 13, 2023

**Time:** 5:15 – 6:00pm

Location: Steeby Elem. Gym 435 E. Superior

St., Wayland

**Fee:** \$28, 4 weeks

# Archery I (4th - 12th Grades)



Archery indoors! During these classes students will first learn the range set up and instructions, safety, which eye

is dominant, and proper form for shooting a bow. Following the initial instructions, students will enjoy honing their skills through practice and instructor guidance. The class will be ran using the NASP (National Archery in Schools Program) format. A website and many you tube videos feature NASP's history, how it is ran, and benefits. Please feel free to look over their site; http://naspschools.org/

Grades: 4<sup>th</sup> – 12<sup>th</sup>

Dates: Wednesdays; Sept. 6 – Oct. 11, 2023

**Time:** 5:00 – 6:00pm

Location: Pine St. Gym, 201 Pine St., Wayland

**Instructor:** Ted Truswell

Fee: \$30, 6 weeks

# Archery II (4<sup>th</sup> - 12<sup>th</sup> Grades)

IT IS A PREREQUISITE THAT YOU HAVE TAKEN THE ARCHERY I CLASS TO BE ELIGIBLE FOR ARCHERY II.

Archery II is for those students who want to continue honing your archery skills. Shooting at two different ranges will be practiced and scoring of your shooting will be taught.

Assistance and recommendations from the instructor will continue, but archery II will be much more like a "league." Students will spend time shooting and working toward personal best. Archery II will be for six weeks and will again follow the NASP format.

Grades: 4<sup>th</sup> – 12th

Day: Wednesdays, 6 weeks

Dates: September 6 – October 11, 2023

**Class 1:** 6:00 – 7:00pm

Location: Pine St. Gym. 201 Pine St., Wayland

**Instructor:** Ted Truswell

**Fee:** \$30, 6 weeks

# Sanchin Ryu Karate Youth (4-17 yrs.) & Adult



Looking to increase flexibility, relieve stress and increase overall wellness? Learn an effective, peace-seeking approach to karate. People of all ages and backgrounds have

the opportunity to experience the benefits of martial art study in a positive, noncompetitive, family friendly environment.

#### **Mondays at Dorr Elementary**

Fall Session 1 (8 wks): Aug. 28 – Oct. 23, 2023 (No class September 4 due to holiday) Fall Session 2 (6 wks): Nov. 6 – Dec. 11, 2023

## **TUESDAYS at Steeby Elementary Gym**

\*\* Please notice: change to Tuesdays!

Fall Session 1 (8 wks): Aug. 29 – Oct. 24, 2023 (No class Oct. 17 due to PT conferences) Fall Session 2 (6 wks): Nov. 7 – Dec. 12, 2023

**Age:** 4 yr - adult **Time:** Youth 6-7pm,

Families 7-8pm, Adult/Teen 7-8pm

**Instructor:** Sanchin Systems www.sanchinsystems.com

Fee: 8 week class: \$45 youth/individual

or \$85 family

6 week class: \$35 youth/individual or \$65 family

#### **ADULT FITNESS**

#### Yoga - Mixed Level

This mixed level class is based on a unique style of Hatha Yoga, where positive intentions integrate with the



scientific principles of biomechanics. The class includes breathing exercises and a physical practice. The focus is on developing concentration and awareness, as well as stretching and strengthening. Emphasis is put on detailed instruction and basic alignment principals – modifications are given for different levels. Students must be able to move down onto a mat and up off of a mat without assistance. Participants are asked to bring their own yoga mat and block to class.

Day/Time: Wednesdays; 6:00 - 7:15 pm

Dates:

Session 1 (8 wks.): August 23 – Oct. 11, 2023 Session 2 (8 wks.): October 18 – Dec. 13, 2023 Oct 18, Oct. 25 at Steeby gym, No class Nov. 22

**Location**: Baker Elem. Gym, 507 W Sycamore St., Wayland (use back parking lot & back side

door #9)

**Fee:** \$80, 8 weeks

#### **Adult POUND**

POUND is the world's first cardio jam session inspired by the infectious, energizing and sweat-dripped fun of playing the drums. This is an adult class for anyone 18 years or older. Using Ripstix, lightly weighted drumsticks engineered specifically for exercising, POUND transforms drumming into an incredibly effective way of working out. Designed for all fitness levels, POUND provides the perfect atmosphere for letting

loose, getting energized, toning up and rocking out!

Age: 18 and older

Dates: Thursdays; Sept. 7 – Oct. 12, 2023

**Time:** Thursdays; 6:30 – 7:15pm

**Location**: Baker Elem. Gym, 507 W Sycamore St., Wayland (use back parking lot and back

door #9)

**Fee:** \$30, 6 weeks

#### **Pickleball**

One of the fastest growing sports in America.

..... Pickleball.

Join in on the fun of instruction along with game play.

Please bring your own paddle but extra paddles will



be available if you don't have one.

Dates: Thursdays; Oct. 25 (W), Nov 2, 9, 16,

Dec 7, 14 (Th)

No class on Nov. 23 & 30

**Time:** 7:00 – 8:30pm

Location: Wayland Union Middle School Gym,

701 Wildcat Drive, Wayland

Fee: \$40, 6 weeks

#### **ADULT ENRICHMENT**

American Red Cross
Adult & Pediatric First Aid/CPR/AED
Full Blended Course

This course will prepare you to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children, and infants and meets
OSHA/workplace requirements.
4-5 hour: Online portion (must be completed

before attending in-person classroom skill session)

3 hour: Instructor-led classroom skill session. Upon successful completion of this course, you will receive a digital certificate for the Adult & Pediatric First Aid/CPR/AED valid for two year.

**Date options:** In-person classroom skill session: August 29 **or** October 10

Time: 4:30 - 7:30pm

**Location**: Steeby Elem, Room 144 435 E. Superior St., Wayland

**Fee:** \$90

# Dog Obedience, (6 mths & older)

Would you like a dog that you can be proud to take out in public? This class will help you teach your dog many basic commands including sit, down, stay, come, walking on a loose leash, plus many more commands. No dog is too old to learn new things. Bring treats to the class to help motivate your dog to listen to you and to learn. About the instructor: Jan McLean has been teaching dog obedience classes for over 25 years. She also trains and competes with her own dogs in obedience, rally, agility and musical freestyle and is very active in animal assisted therapy.

Dates: Mondays; Sept. 11 – Oct. 16, 2023 (Rain dates if needed: Oct. 23, 30)

**Time:** 5:30 – 6:30pm

Location: Steeby Elem. 435 E. Superior St.

Wayland

Class is OUTSIDE, behind back of building,

use back parking lot. **Fee:** \$85.00, 6 weeks

# Chronic Pain Relief using Virtual Reality (adults)

The FDA recently approved Virtual Reality for chronic pain management. While Amped Reality is not a medical establishment, they are letting people try VR for pain relief. Then if people find it helpful, they can pursue a prescription. Several people have been pleased with the result.

Date: Wednesday; October 11, 2023

**Time:** 5:30 – 6:30pm

**Location: Amped Virtual Reality** 

2923 28th St SE, Grand Rapids, MI 49512

Fee: \$10 / 1 hour session

Refund Policy Wayland Community Education

Classes canceled by Wayland Union Community Education due to lack of enrollment will be fully refunded. You may receive a refund up to two days prior to the first day of class minus a \$10 processing fee. No refunds will be granted after that time.

# REGISTRATION

**Refund Policy:** Classes canceled by Wayland Union Community Education due to lack of enrollment will be fully refunded. You may receive a refund up to two days prior to the first day of class minus a \$10 processing fee. No refunds will be granted after that time.

**Registration:** All classes require pre-registration, unless noted. Most classes have size limits, so please register early. You may register in the following ways:



Online: Register 24/7 with your credit or debit card! All classes and descriptions are online.

Go to <a href="http://wayland.revtrak.net">http://wayland.revtrak.net</a>, follow Community Ed

Go to www.waylandunion.org and see the Community Education homepage.

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Signature:

Mail: Please use the registration form at the bottom and mail to:

Wayland Community Education

701 Wildcat Drive, Wayland MI 49348

**In Person:** Wayland Community Education is located at WUS Middle School at

701 Wildcat Drive, Wayland

Wayland Community Education, 701 Wildcat Dri	ive, Wayland, MI 49348 (2	69) 792-9153
Class:	Session/Dates:	
Class:	Session/Dates:	
Student Name:	Birth Date:(mm/dd/yyyy)	
Parent/Guardian Name:	Email:	
Phone: ( ) Cell: ( )	Work ( )	
Address:City:	MI Zip	
Emergency Contact Name:	Phone:	Relationship:
Credit card: (please circle) Visa MC Discover	Card #	Exp. Date: