

Wayland Community Education

Course Catalog

Winter (Dec. 2024 – Feb. 2025)



Wayland Community Education offers programs for youth and adults. Please take a look at the variety of classes offered this winter.

Classes are listed online at the district's webstore powered by RevTrak. <http://wayland.revtrak.net>



**Wayland Union Schools
Community Education
701 Wildcat Drive
Wayland MI 49348**

(269)792-9153

REGISTRATION: All registrations can be done online on RevTrak using a debit or credit card. You may also register by phone; by mail using check; or in person. A General Registration Form is also available at the end of this document.

Our office is located at the Wayland Union Middle School, new wing, 701 Wildcat Drive, Wayland, MI 49348
Phone: 269-792-9153.

Wayland Community Education Courses

Winter

YOUTH RECREATION

Indoor Soccer (ages 4 – 11)



Play soccer indoors! This recreational program is for the players to learn more about soccer, stay active this winter, and to HAVE FUN! Students play about

45 minutes (1/2 hour of game time and 15 minutes warm up/wrap up). There are no weekly practices. For the safety of all players, children are required to wear shin guards, indoor gym shoes, and will be placed on the age appropriate level. Includes a t-shirt.

REGISTRATION DEADLINE: DECEMBER 6, 2024

SPACE IS LIMITED, don't wait to register

Ages: 4-11 years (age as of January 1, 2025)

Dates: Saturdays, January 11 - February 15, 2025

Time: Game time varies between 8:30am-4pm

Location: Pine Street Gym, 316 Pearl St.,
Wayland

Instructors: Volunteer Coaches needed

Fee: \$40, includes t-shirt

Volleyball Skill Building (4th – 6th Grades)

This volleyball class will introduce the fundamentals of volleyball to young athletes. Learn proper techniques and improve your skills!

Day: Thursdays, 4 weeks

Dates: January 9 – January 30, 2025

Time: 7:00 – 8:30pm

Location: Wayland Union Middle School Gym

Fee: \$45

Softball Skill Building (4th - 6th Grades)



This 1.5 hour softball class will introduce the fundamentals of softball to young athletes. Learn proper techniques and improve your skills!

Day: Mondays, 4 weeks

Dates: February 3 – March 3, 2025 (no class 2-17)

Time: 7:00pm – 8:30pm

Location: Wayland Union Middle School Gym

Fee: \$45

Archery I (4th – 12th Grades)



Archery indoors! During these classes students will first learn the range set up and instructions, safety, which eye is dominant, and proper form for shooting a bow. Following the initial instructions, students will enjoy honing their skills through practice and instructor guidance. The class will be ran using the NASP (National Archery in Schools Program) format. A website and many YouTube videos

feature NASP's history, how it is run, and benefits. Please feel free to look over their site; <http://naspschools.org/>

Grades: 4th – 12th

Day: Tuesdays, 6 weeks

Dates: January 14 – February 18, 2025

Class: 5:00 – 6:00pm

Location: Dorr Elem. Gym, 4259 18th St. Dorr

Fee: \$30

Archery II (4th – 12th Grades)

IT IS A PREREQUISITE THAT YOU HAVE TAKEN THE ARCHERY I CLASS TO BE ELIGIBLE FOR ARCHERY II. Archery II is for those students who want to continue honing your archery skills. Shooting at two different ranges will be practiced and scoring of your shooting will be taught. Assistance and recommendations from the instructor will continue, but archery II will be much more like a "league." Students will spend time shooting and working toward personal best. Archery II will be for six weeks and will again follow the NASP format.

Grades: 4th – 12th

Day: Tuesdays, 6 weeks

Dates: January 14 – February 18, 2025

Class 1: 6:00 – 7:00pm

Location: Dorr Elem. Gym, 4259 18th St. Dorr

Fee: \$30

Sanchin Ryu Karate Youth (4-17 yrs.) & Adult Looking to increase flexibility, relieve stress and increase overall wellness? Learn an effective, peace-seeking approach to karate. People of all ages and backgrounds have the opportunity to experience the benefits of martial art study in a positive, non-competitive, family friendly environment.

Mondays at Dorr Elementary

Winter Session: January 6 - March 3, 2025

No class: Feb. 17

Tuesdays at Steeby Elementary Gym

Winter Session: Jan. 7 – Feb. 25, 2025

Time: Youth 6-7pm/Families 6-7pm or 7-8pm

Adult - Teen 7-8pm

Instructor: Sanchin Systems

www.sanchinsystems.com

Fee: \$45 youth/individual or \$85 family – 8 weeks

YOUTH ENRICHMENT

Winter Children's Chorus

(Ages 8 - 11)



Students will have a full rehearsal experience! They will sing in a group, follow a conductor, and learn basic singing and music techniques. There will be a small, informal performance on the last day. Camp costs include music for students. Class costs include music for students.

Ages: 8-11

Day: Tuesdays: 8 weeks

Dates: January 14 – March 4, 2025

Time: 6:00 – 7:00pm

Location: Steeby Elem. Music room #128
435 E. Superior St. Wayland

Fee: \$48

Babysitter Training (age 11 & older)



This one day course provides youth with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills, learn how to develop a babysitting business, keep themselves and others safe and help children behave. Find answers to common babysitting questions like sibling squabbling and meal time tips. The course also covers American Heart Association CPR, diaper duties, bedtime tips and

much more. Each participant will receive a completion certificate through Heartbeat LLC. This class is designed for youths ages 11 and up. Please pre-register!

Age: 11 and older

Day/Date: Saturday, February 8, 2025

Time: 10:00am – 2:00pm

Location: WUS Transportation Building,
851 Wildcat Drive, Wayland

Fee: \$55

Adult POUND

POUND is the world's first cardio jam session inspired by the infectious, energizing and sweat-dripped fun of playing the drums. Using Ripstix, lightly weighted drumsticks engineered specifically for exercising, POUND transforms drumming into an incredibly effective way of working out. Designed for all fitness levels, POUND provides the perfect atmosphere for letting loose, getting energized, toning up and rocking out! This is an adult class for anyone 18 years or older.

Day/Time: Mondays; 6:00 – 6:30pm

Dates: January 20 – March 3, 2025

No class on Feb. 17

Location: Baker Elem. Gym 507 W. Sycamore St., Wayland. Please use side parking lot and side door #9

Fee: \$20.00 / 6 weeks (30 min class)

SeniorFit (65 & over)

Looking to try something new? Grab a friend and join us for SeniorFit, a group exercise class for people over 65. A trained physical therapist will lead this class with the goal of improving your overall health and wellness, increase your strength, and decrease the risk for falls. This class is for people of all abilities - we can modify exercises to fit your needs. We can't wait to work out and have fun with you! **Space is limited,**

sign up today!

Day/Time: Tuesdays; 12:15 – 1:00pm

Dates: January 14 – March 4, 2025

Location: Ivy Rehab
709 W Superior St., Wayland

Fee: \$20, 8 weeks

Pickleball

One of the fastest growing sports in America. Pickleball. Join in on the fun of instruction along with game play. Please bring your own paddle but extra paddles will be available if you don't have one.



Day/Time: Thursdays; 7:00 – 8:30pm

Dates: Feb. 6, 13, 20, 27, **March 4 (Tu), 6, 2025**

Location: Wayland Union Middle School Gym, 701 Wildcat Drive, Wayland

Fee: \$40 / 6 weeks

Community Indoor Hall Walking



Get fit and walk indoors this winter at Wayland Union Middle School! There will be no hall walking when

school is not in session; this includes holiday breaks and snow days. There will also be no hall walking on January 21 & 23, 2025 (due to PT conferences).

Days/Time: Monday - Friday, 6:00-8:00pm

Dates: Now through April 25, 2025

Location: Wayland Union Middle School
701 Wildcat Drive, Wayland

* Use the new wing entrance; Door #9, Bus Loop parking lot

ADULT ENRICHMENT



**American
Red Cross**

American Red Cross Adult & Pediatric First Aid/CPR/AED Full Blended Course

This course will prepare you to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children, and infants and meets OSHA/workplace requirements.
4-5 hour: Online portion (must be completed before attending in-person classroom skill session)
3 hour: Instructor-led classroom skill session.
Upon successful completion of this course, you will receive a digital certificate for the Adult & Pediatric First Aid/CPR/AED valid for two year.
Registration deadline is 1 week prior to class date.

Date options: In-person classroom skill session:

December 3 or February 25

Time: 4:30 – 7:30pm

Location: Steeby Elem, Room 144
435 E. Superior St., Wayland

Fee: \$90

[Refund Policy](#)

[Wayland Community Education](#)

Classes canceled by Wayland Union Community Education due to lack of enrollment will be fully refunded. You may receive a refund up to two days prior to the first day of class minus a \$10 processing fee. No refunds will be granted after that time.



REGISTRATION

Refund Policy: Classes canceled by Wayland Union Community Education due to lack of enrollment will be fully refunded. You may receive a refund up to two days prior to the first day of class minus a \$10 processing fee. No refunds will be granted after that time.

Registration: All classes require pre-registration, unless noted. Most classes have size limits, so please register early. You may register in the following ways:



Online: Register 24/7 with your credit or debit card! All classes and descriptions are online.

Go to www.waylandunion.org and see the Community Education homepage.



Mail: Please use the registration form at the bottom and mail to:

Wayland Community Education

701 Wildcat Drive, Wayland MI 49348

In Person: Wayland Community Education is located at WUS Middle School

701 Wildcat Drive, Wayland, ***New wing – back entrance

Wayland Community Education, 701 Wildcat Drive, Wayland, MI 49348 (269) 792-9153

Class: _____ Session/Dates: _____

Class: _____ Session/Dates: _____

Student Name: _____ Birth Date: _____ (mm/dd/yyyy)

Parent/Guardian Name: _____ Email: _____

Phone: () _____ Cell: () _____ Work () _____

Address: _____ City: _____ MI Zip _____

Emergency Contact Name: _____ Phone: _____ Relationship: _____

Credit card: (please circle) Visa MC Discover Card # _____ Exp. Date: _____

Signature: _____ Date: _____