

# Finish Strong

Give extra effort to make it through to the end.

*This month we are challenging students to work hard and stay determined. **We are partnering with you to acknowledge your child's achievement of goals- big and small!** By helping your child develop perseverance now, you can prepare them to learn from their future failures and work hard to achieve future successes. This month, look for opportunities to teach and model the power of perseverance!*



## 1 ENGAGE: Power of Yet

Ask each family member to write down a list of things they would like to learn to do but just haven't done yet. For example, "I haven't learned \_\_\_\_\_." Choose a few phrases from each family member and repeat these phrases, adding the word "yet" to the end. Remind your family that we must work daily to learn new things and keep trying even when it's hard.



## 2 EMPOWER: The Best Version of You

Ask each family member to think of a word that describes the best version of themselves or a word they would like to live out. It may be a word from their class or family Social Contract. (For example., respectful, responsible, a good listener, etc.). After each member decides on one word, ask everyone to identify three actions they can take to persevere and model their word to ensure they become the best version of themselves. Have weekly check-ins to see how things are going.



## 3 EXCEL: Winning Over Weeds

This spring, plant a garden as a family. It can be big or small! Discuss the daily commitment needed to help this garden grow and the patience necessary as you wait for the final product. Weed this garden together and as you do, discuss how this garden is like many challenges in life. Perseverance helps us to win over weeds!

## Conversation Starters

- ♥ What is something you're good at that took a lot of hard work and practice?
- ♥ What is something you're still learning to do in school that is difficult?
- ♥ Who is someone at school you feel comfortable asking for help from when you need it?