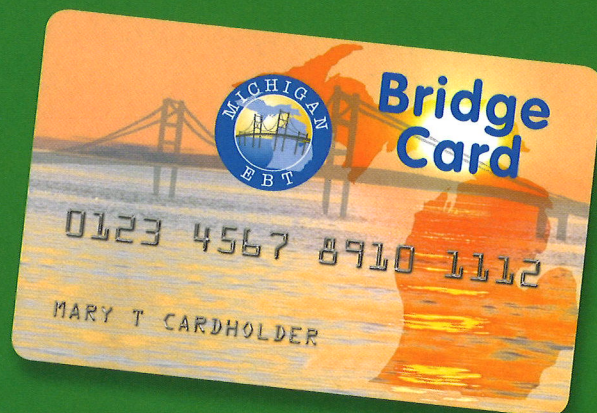


# F.O.R.

Food and Other Resources



# HELPLINE

**For help finding a food pantry,  
assistance in applying for SNAP benefits  
or referrals to other resources, call**

# 1-888-544-8773



**Operated by the Food Bank Council of Michigan  
Funded in part by the Michigan Department of Health and Human Services**

# Food Access and affordability Programs for Allegan, Ionia, Montcalm, Muskegon, Newaygo, Oceana Counties

**Bridge Cards** provide eligible families with food benefits to support a families food budget. In addition to stores, Bridge Card/SNAP food benefits can be used at participating farms and community farmers markets. [www.westmichiganfarmmarkets.org](http://www.westmichiganfarmmarkets.org) .

**How to apply for Bridge Card Food benefits:** at DHHS / [www.michigan.gov/mibridges](http://www.michigan.gov/mibridges) , some non-profits and 1-888-544-8773 Food Bank Council over the phone in English and Spanish.

**Double Up Food Bucks (DUFb) Program** doubles up to \$20 a day in purchases with Bridge Card food benefits at participating Farm Stands, Community Farmers Markets and some stores with **FREE Michigan grown fruits and vegetables** [www.westmichiganfarmmarkets.org](http://www.westmichiganfarmmarkets.org) .

**Fruit Ridge Country Market Guide** [www.fruitridgemarket.com](http://www.fruitridgemarket.com) 35 farms and orchards nearby.

**Traditional Food Pantries** 211

**Feeding America Mobile Food Trucks** (Like 1-day mobile food pantry) Feeding America or 211

**WIC Women Infants and Children** is a food benefit program for eligible pregnant women and children up to 5 years of age. This program specifies which healthy foods can be purchased. WIC fruit and vegetable monthly benefits can be used approved farms.

**WIC Project Fresh** is an electronic program where some WIC families get \$25 in food benefits for fresh fruits and vegetables that can only be used at participating farms.

**Senior Project Fresh** is an electronic program where some lower income seniors (60 & over) get \$25 in food benefits that can only be used at participating farms.

Gordie Moeller Food Security Advocate (616) 293-4727 1-5-2025



# Use your EBT Bridge Card



at participating Farmers Markets to get tokens  
to purchase SNAP eligible items.

Get an equal amount in **FREE** Double Up Food Bucks  
(up to **\$20/day!**) for Michigan grown fruit & vegetables.

**No registration required!**

## How to use your EBT Bridge Card at participating Farmers Markets and get Double Up Food Bucks Tokens:

1. Go to the farmers market information table and use your EBT Bridge Card to purchase (wooden tokens) that are good for SNAP eligible food items.
2. You'll also receive a match of **FREE** *Double Up Food Bucks* - (silver tokens) to purchase Michigan grown fruits & veggies.
3. Look for participating vendors and shop using your tokens.

**Note:** Farmers Market tokens are not interchangeable between markets.  
No change is given if total is not used at time of purchase.



**Gordie Moeller**  
Local Coordinator for  
Double Up Food Bucks in W. Mi.